

Hideo Shingu

Today's Verbum : Nice time passes quick, boring time very slow

### Time and Happiness

Two aspects of the feeling of happiness.

- 1 Happiness is measured by the total sum of happy time in a life.
- 2 One truly happy moment gives more happiness than the continued medium happiness.

"Count no man happy until he be dead" : Solon ancient Greek wise man. c. 638 BC – 558 BC

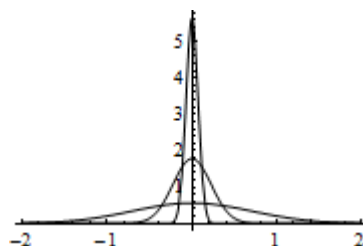
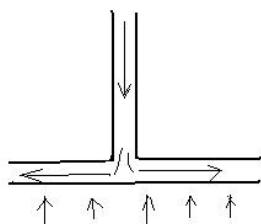
Solon's travels finally brought him to Sardis, capital of Lydia. According to Herodotus and Plutarch, he met with Croesus and gave the Lydian king advice, which however Croesus failed to appreciate until it was too late. Croesus had considered himself to be the happiest man alive and Solon had advised him, "Count no man happy until he be dead", because at any minute, fortune might turn on even the happiest man and make his life miserable. It was only after he had lost his kingdom to the Persian king Cyrus, while awaiting execution, that Croesus acknowledged the wisdom of Solon's advice. <http://en.wikipedia.org/wiki/Solon>

The Deborah (דְּבוֹרָה) number. הָרִים נָזְלוּ מִפְּנֵי יְהוָה Montes fluxerunt a facie Domini

Water is liquid, a mountain is solid? Everything has its relaxation time of existence.

$D = (\text{time of relaxation}) / (\text{time of observation})$ .  $D$  can be a guide to know **when is when**.

The Dirac delta function, or  $\delta$  function, is (informally) a generalized function on the real number line that is zero everywhere except at zero, with an integral of one over the entire real line.<sup>[1][2][3]</sup> The delta function is sometimes thought of as an **infinitely high, infinitely thin spike** at the origin, with total area one under the spike, and physically represents an idealized point mass or point charge.<sup>[4]</sup>



Everything flows is liquid. Air is liquid when blew through a pipe. Mountain is liquid for God Since God's observation time is  $\infty$ . Bernoulli's law states, faster the flow of liquid, lower the pressure of that liquid.  
 $P + \frac{1}{2}\rho v^2 + \rho gh = const.$

When the total amount of effect is preserved and time duration gets shorter the intensity of the effect gets stronger. The  $\delta$  function appears when the time duration is infinitely short. The same 1 joule taken from food and from  $\gamma$  ray to the body makes a big difference (1 Sv = 1J per 1kg body weight. 1 Glico = 67000J)

### Everything in this world has its own end?

Alphonse Daudet " *Lettres de mon Moulin* " : *Le Secret de Maître Cornille*.

*Que voulez-vous, monsieur ! tout a une fin en ce monde, et il faut croire que le temps des moulins à vent était passé.*

[http://en.wikipedia.org/wiki/Letters\\_From\\_My\\_Windmill](http://en.wikipedia.org/wiki/Letters_From_My_Windmill)



*Πάντα ῥεῖ καὶ οὐδὲν μένει* Everything flows, nothing stands still. Heraclitus of Ephesus

ながらへば またこのごろや のぼれむ うしとみしよぞ いまはこいしき Kiyosuke Fujiwara  
 Present days will be recollected with nostalgia, past days so deploring are such nice memories now.

Verbum Sapienti : We stand now where two roads diverge.

**Simplicity, the Way to Happiness ? Super highway that leads us to happiness ?**

Way, みち、Dao (道)、Hodos (ὁδός). 道可道 非常道 Laozi. Dao that leads to truth is not the Dao everyone is following. method : meta hodos, period, exodus, episode, odometer

End = the final goal of the way means purpose. What is the purpose of life? To live happily, *Beati certe omnes esse volumus*. Everyone certainly wants to be happy. Cicero.

One has to first find out what is happiness and then look around the "way" that guides you there.

In order to get things done, one has to find out the "way".Once you find out the "way" you can reach the goal by simply following it.

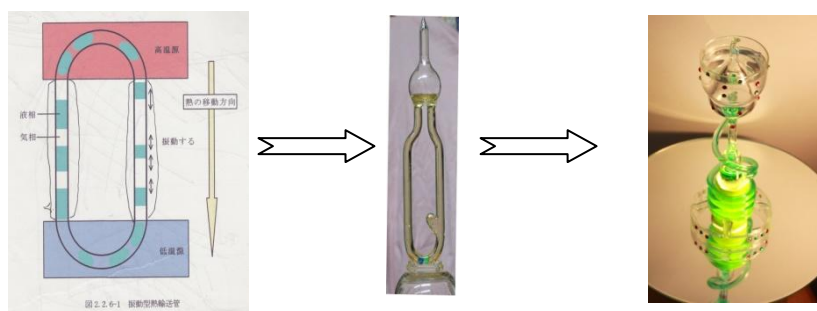
Beginning is more than half of the whole. For the beginning is thought to be more than half of the whole, and many of the questions we ask are cleared up by it. Aristotle. Nicomacos ethics.

Nothing has been done if something remains to be done. Caesar.*Nil actum reputans si quid superesset agendum*

Start and finish. Marathon. 千里の道 (thousand mile road). さいごのいっぽ Saigo no ippo (one last step).

The purpose of government is to satisfy the needs of people. In some cases one may hit upon the needs of people which nobody previously dreamt of (Shakespeare).Even if the purpose is clear, usually it is difficult to find out the way and needs luck and effort.

**Example of simple mechanism of automatic liquid circulation.**

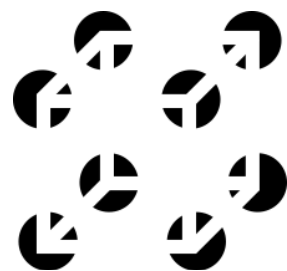


**We stand now where two roads diverge.** But unlike the roads in [Robert Frost's](#) familiar poem, they are not equally fair. The road we have long been traveling is deceptively easy, a smooth superhighway on which we progress with great speed, but at its end lies disaster. The other fork of the road — the one less traveled by — offers our last, our only chance to reach a destination that assures the preservation of the earth. ( Silent Spring, 1962. Chapter 17, Rachel Carson)

"Two roads diverged in a wood, and I--took the one less traveled by, And that has made all the difference". The Road Not Taken (Mountain Interval. [Robert Frost](#) 1920).

One of the examples is to continue the present course of **consumerism** based on fossil and atomic energy, and the other is **the frugal social life** based mainly on renewable energy sources which in essence depend on solar energy. 雖誦千章 句義不正 不如一要 (hearing one righteous word is better than memorizing thousand incorrect phrases : teaching of Panthaka).

及其有事、不足以取天下 You cannot be the master of world as far as you have attachments to worldly affairs. Laozi, Chap. 48.



**Simplicity is the essence of Gestalt principle.**

Gestalt is also known as the "Law of Simplicity" or the "Gesetz der Prägnanz" which states that every stimulus is perceived in its most simple form. Gestalt : Skelton, 骨組み、構造.

**E Pluribus Unum** : Out of many, one (Motto of USA).

Many : Entropy large. One : Entropy zero.

**Happiness is formed out of countless factors around oneself. Joy, satisfaction, hope—Sorrow, scarcity, despair—The way.**